

NEWSLETTER

September 2022

Hello GATA Members,

This month ...

- We're celebrating Hispanic/Latinx Heritage Month!
 - We're highlighting September as Suicide Prevention Awareness Month.
 - We continue to move towards an art therapy license in Georgia. Please fill out & share our survey. [CLICK HERE](#)
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Hispanic/Latinx Heritage Month

This month is about sharing the Hispanic and Latinx communities' unique heritages, histories, and traditions.

Unidos: Inclusivity for a Stronger Nation!

Below are some links for creative ways to celebrate this month!

[Hispanic Heritage Month Official Site](#)

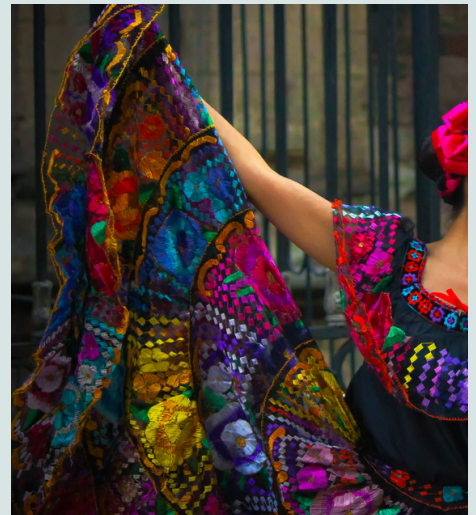
[Latinx-owned Restaurants in Atlanta](#)

[Ways to Celebrate Hispanic Heritage Month in Atlanta](#)

[Placita Latina Events in Decatur](#)

Do not forget to travel down (or up) Buford Hwy for some of the best arepas ([Arepas Mia](#) is a must try), pupusas y tacos!

One of our favorites is [Mi Casita Boricua!](#)



[Click here to complete the licensure survey](#)

Let's work together towards licensure!

We are calling for GATA members, community stakeholders, and mental health advocates to join us in our licensure efforts and take the first step by filling out our survey & sharing it with others. Completing this survey will help us identify our supporters and those who may be willing to volunteer.

Thank you to those who have already completed and shared it!

Suicide Prevention Awareness Month

This month we are also recognizing Suicide Prevention Awareness Month. Shout out to every GATA member and art therapist for your work supporting mental health and suicide prevention in our state.

As you may know, 9-8-8 has been designated as the new nationwide suicide and crisis lifeline. While the National Suicide Prevention Hotline has effectively reduced crises, suicide has risen to the second leading cause of death among young people since the pandemic.

The Atlanta-based organization Silence the Shame advocates and educates our vulnerable populations to eliminate mental health stigma. Check out some of their great programs and resources.

Click to learn more about [Silence the Shame](#)

Also, check out the [Georgia chapter of the American Foundation](#) for Suicide Prevention for events and ways to get connected.



GATA is here to support all art therapists

More than ever, the GATA Board wants our chapter to be a place of connection and support. We have created a streamlined process for sharing information among members.

If you would like any news or events highlighted on the GATA website, our social media pages, or in our newsletter, please fill out our media form. To be included in our newsletter, the form should be completed by the first Monday of the month.

[Click here to submit a media post request](#)

The AATA Conference is almost here!

[Register TODAY!](#)